

Cheese can be dangerous if homemade or bought from street vendors.  
Make sure your cheese is safe!



KEEP GERMS FROM GROWING  
**41° F**  
KEEP CHEESE REFRIGERATED

**DO NOT BUY CHEESE FROM STREET VENDORS!  
IT IS UNSAFE**

**GermS found in unsafe cheese can cause severe illness among infants, pregnant women, the elderly, and those with health problems, including:**

- Miscarriage
- Illness to unborn babies
- Vomiting
- Diarrhea (may be bloody)
- Fever
- Stomach cramps
- Swollen neck glands
- Death

If you have any of these symptoms after eating cheese, see your doctor immediately!



**Do not buy cheese unless refrigerated in a store or supermarket**

Types of cheese sold by street vendors



## What You Can Do

- Do not buy cheese from swap meets, door to door vendors, or street vendors.
- Buy cheese from a licensed seller or cheese maker.
- Make sure your cheese is cold and refrigerated at all times.
- Wash your hands when handling food.
- Use different clean utensils to cut cheese, meat, poultry, and seafood.
- Buy cheese from the refrigerated section of your grocer.
- Buy cheese that is factory sealed and labeled.
- Look for pasteurized milk listed in the ingredients.

## How do you know if your cheese is safe?

CONTAINS  
**PASTEURIZED**  
GRADE A MILK  
AND LAKIM  
MILK SEA SALT  
AND ENZYMES



If you become ill from eating cheese or dairy products, call your doctor or a local clinic. If you have any questions or suspect illegal manufacturing or sales of cheese or other dairy products in your community, please contact the following:

CA Department of Food & Agriculture  
Milk & Dairy Food Safety  
(916) 654-0773  
[www.cdffa.ca.gov](http://www.cdffa.ca.gov)

Orange County Department of  
Environmental Health  
(714) 433-6000  
[www.ochealthinfo.com](http://www.ochealthinfo.com)

Riverside County Department of  
Environmental Health  
(888) 722-4234  
[www.rivcoeh.org](http://www.rivcoeh.org)

San Diego County Department of  
Environmental Health  
(858) 505-6900  
[www.sdcdeh.org](http://www.sdcdeh.org)

Los Angeles County Department of  
Environmental Health  
Food and Milk Program  
(626) 430-5400  
[www.publichealth.lacounty.gov](http://www.publichealth.lacounty.gov)

U.S. Food & Drug Administration  
1-888-SAFEFOOD  
1-888-723-3366  
[www.fda.gov](http://www.fda.gov)



Protect the Health of Your Family

# Eat Safe Cheese!

